



PREPARATION LIST

1. Please download the free QR code scanner (i-nigma) onto your 3G-enabled smart phone from

i-nigma - http://www.capstoneconsulting.com.sg/#Marina_Bay_Challenge



2. Prepare one litre of water for your consumption throughout the event.
3. Light and comfortable clothing (e.g. t-shirt, shorts and running shoes) is recommended.
4. Optional: Please bring extra clothing to change.
5. Please bring a small backpack for your belongings and keep valuable items with you at all times.
6. Rain Coat will be provided for you.
7. Please fill up the Liability Disclaimer Form below and submit it to your company's organiser prior to the event.

Follow us: *arvinnereusyeo*    

LIABILITY DISCLAIMER FOR THE GREAT MARINA BAY CHALLENGE™

Capstone Consulting and Training does not provide liability insurance for the protection of individuals, groups, organisations, businesses, spectators, or other who may participate in The Great Marina Bay Challenge™.

In consideration for your participation in The Great Marina Bay Challenge™, the individual, group, organisation, business, spectator, or other, does hereby release and forever discharge Capstone Consulting and Training, and its officers, board, and employees, jointly and severally from any and all actions, causes of actions, claims and demands for, upon or by reason of any damage, loss or injury, which hereafter may be sustained by participating in The Great Marina Bay Challenge™.

This release extends and applies to, and also covers and includes, all unknown, unforeseen, unanticipated and unsuspected injuries, damages, loss and liability and the consequences thereof, as well as those now disclosed and known to exist. The provisions of any state law or state providing substance that releases shall not extend to claims, demands, injuries, or damages which are known or unsuspected to exist at this time, to the person executing such release, are hereby expressly waived.

I hereby agree on behalf of my heirs, executors, administrators, and assigns, to indemnify Capstone Consulting and Training and its officers, board, and employees, joint and severally from any and all actions, causes of actions, claims and demands for, upon or by reason of any damage, loss or injury, which hereafter may be sustained by participating in The Great Marina Bay Challenge™.

It is further understood and agreed that said participation in The Great Marina Bay Challenge™ is not to be construed as admission of any liability and acceptance of assumption of responsibility by Capstone Consulting and Training, its officer, board, and employees, jointly and severally, for all damages and expenses for which Capstone Consulting and Training, its officers, board and employees, become liable as result of any alleged act of the event participant.

Name of Organisation

Name of Participant

Date

Signature

All participants must complete this Liability Disclaimer prior to the event.